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Gulp, Stiff, Spook, Bonk and Packing for Mars An Action-Packed Conversation with Mary Roach

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Books by Mary Roach



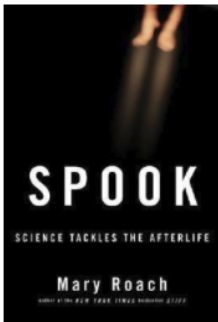
Stiff by Mary Roach

Call Number: QZ 35 R628c 2003

ISBN: 9780393050936

Publication Date: 2003-04-17

This hilarious debut from Mary Roach digs into all the unusual ways bodies are used when they're donated to science: from anatomical dissection to ballistics testing to transportation safety and more.

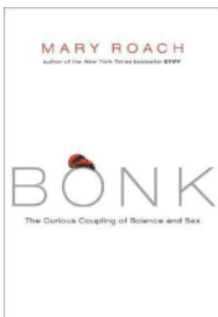


Spook by Mary Roach

ISBN: 0393059626

Publication Date: 2005-09-17

The historical and contemporary fringes of scientific exploration are revealed in this look at scientific attempts at proving the existence of an afterlife.



Bonk by Mary Roach

ISBN: 9780393064643

Publication Date: 2008-03-17

Because of cultural taboos, sex researchers face many challenges trying to uncover the scientific truths about our sexual selves.



Packing for Mars by Mary Roach

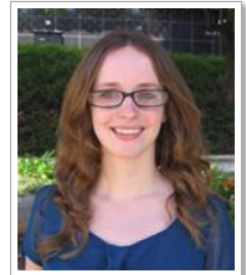
Call Number: WD 750 R628p 2010

ISBN: 9780393068474

Publication Date: 2010-08-02

NASA push human endurance to extremes with physical and psychological experiments to find out just how far the human body and mind can be pushed in service of space exploration.

Subject Guide



Megan Rosenbloom

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Contact:

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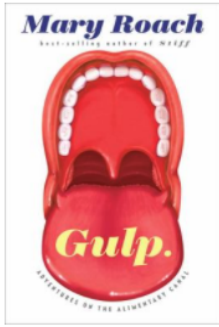
2003 Zonal Ave

Los Angeles, CA 90089-9130

P: 323.442.1134

See Mary Roach

RSVPs are required for this Visions & Voices event. To RSVP, [click here](#).



Gulp by Mary Roach

Call Number: WI 113 R628g 2013

ISBN: 9780393081572

Publication Date: 2013-04-01

This internal trip along the alimentary canal also takes readers to unusual places, including a pet food tasting factory and federal prison.

Visions & Voices: Mary Roach: Rare books related to Stiff

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USC RARE BOOKS RELATED TO MARY ROACH'S STIFF

- [Exercitationes anatomicae, de motu cordis & sanguinis circulatione](#) by [William Harvey](#). 1661.
This work is known by some as the most important book in the history of medicine, as it is the first to accurately describe the blood's circulation in the body. William Harvey was a great anatomist and also a daring one; he dissected his own father and sister (and nearly any other body he could get his hands on) all in the name of medical advancement.
- [The Dance of Death](#) edited and translated by [Henry Green](#). 1869 facsimile of 1538 work.
The Dance of Death is the most famous example of a memento mori, a piece of art with the underlying purpose to remind people that they will die someday. Throughout these pages, skeletons menace or playfully mock people of all social classes and moral leanings, showing that death spares no one.
- [Tables of the skeleton and muscles of the human body](#) by [Bernhard Siegfried Albinus](#). 1749.
Albinus is one of the greatest anatomical illustrators of all time. Between this work and his images in the Vesalius also displayed here, he has created some of the most enduring images in the history of medicine. His work is particularly famous for his treatment of skeletons in an artistic and melancholy fashion.
- [Opera omnia anatomica & chirurgica](#) by [Andreas Vesalius](#). 1725.
In the 16th century, Andreas Vesalius took medicine into the modern era by insisting on dissection to learn about the human body instead of relying on Galenic texts where only rhesus monkeys were dissected. On the frontispiece of this compendium, you can see Vesalius, front and center with the cadaver doing a dissection with students all around, representing a revolution in medical education. There is even a rhesus monkey in the crowd.
- [Gunther von Hagens' Body worlds: the anatomical exhibition of real human bodies](#) by [Gunther von Hagens](#). 2003.
Von Hagens was inspired by Albinus and other classical anatomical artists to pose his plastinated human cadavers in life-like and sometimes whimsical poses. His Bodyworlds exhibits have proven to be as popular as they are controversial all over the world.
- [The Pig as a laboratory animal](#) by [L.E. Mount & D.L. Ingram](#). 1971.
When a human cadaver is hard to come by, researchers often turn to porcine subjects, as their physiology is much like our own. This book delineates the care of pigs in a laboratory setting and while they are often the ideal human stand in.

Subject Guide



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USC RARE BOOKS RELATED TO MARY ROACH'S GULP

- [The Works of Thomas Sydenham, vol. 1. by Thomas Sydenham. 1848.](#)
Among other medical pursuits, Sydenham was preoccupied with helping those suffering from constipation. He advocated animal-assisted therapy to relax patients, whether it was petting a kitten or going for a jostling horseback ride. To begin this volume of his work he gives many recipes for remedies, featuring some with strange ingredients. An old "Anti-Epileptick Water" includes a number of flowers, spices, and "shavings of a man's skull."
- [Boerhaave's aphorisms: concerning the knowledge and cure of diseases by Herman Boerhaave. 1724.](#)
Boerhaave lays out a number of maxims in his Aphorisms that address issues featured in Gulp. "It is a known observation among the vulgar that the saliva is efficacious in cleansing foul wounds," for instance. On these pages he talks about the features of various different types of people's "fibres" (or feces) and how to adjust their qualities for maximum health.
- [Dr. Chase's recipes, or Information for everybody: an invaluable collection of about eight hundred practical recipes by A.W. Chase. 1878.](#)
Dr. Chase's book includes a wide swath of practical information about food and also home remedies, from cures for piles, consumptive syrups, cures for drunkenness, to the unappetizing sounding "Diarrhea Cordial," you name it, it's in here.
- [Experiments and Observations on the Gastric Juice, and the Physiology of Digestion by William Beaumont. 1838.](#)
Perhaps the most psychologically disturbing story in Gulp details the bizarre relationship between renowned physician William Beaumont and Alexis St. Martin, a worker with a fistulated hole in his stomach. Beaumont had the man move in with him so that he could feed him through his stomach hole and record the rates of digestion of various foods and non-foods. The result was a revolution in understanding how digestion works in live humans, but such a study would be unlikely to pass an Institutional Review Board today.
- [Intestinal obstruction, its varieties with their pathology, diagnosis, and treatment by Frederick Treves. 1884.](#)
Frederick Treves was one of the surgeons who sought to debunk the strange but popular notion that people could have live snakes living inside them. He called the delusion "intestinal neurosis." Pictured in Treves books are some comparably disturbing images of "strangulations" of various parts of the human digestive tract.
- [The work of the digestive glands by I.P. Pavlov. 1910.](#)
Pavlov and his slobbering dogs became famous in the field of behaviorism, but Pavlov also did other experiments with saliva. This table shows the amount of saliva that mouths' produced when confronted with foods like white bread, milk, and "raw flesh" but the menu gets a little stranger when items like sulphuric acid, glycerine, and sand are added.

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